## **PRE-PREP**



## BROMS SGROVE OUTSTANDING EDUCATION FROM 2 TO 18. CO-EDUCATIONAL, BOARDING AND DAY.

Week 2 - Lunch Monday Tuesday Wednesday Thurs Crudities Carrot, Cucumber, Pepper Carrot, Cucumber, Pepper Carrot, Cucumber, Pepper Carrot, Cucum Mildly Spiced Red Tractor **Roast Traditional** Deconstructed Mac 'n' Main Course 1 **Chicken and Sweet Pepper** Authentic Chicken Curry Gammon Ham Cheese Fajitas served in a Soft Taco trimm Mildly Spiced Quorn Mexican Sweet Potato a Simple Tomato and Basil Sweet Potato and Vegetable Fajitas with Sweet Peppers Main Course 2 Tart with Roas Curry Pasta served in a Soft Taco Sau Crispy Roast Pot Basmati Rice, Mini Naan Cauliflower, Leeks, Carrots, Skin on Potato Wedges, On the Side Bread, Sauteed Seasonal **Trees and Steam Steamed Sweetcorn Kernels Garlic Bread** Rich G Cabbage School Favourite Iced Dessert **Bananas and Custard** Sprinkle Cake Natural Yoghurt, Fruit Jelly, Natural Yoghurt and Fresh Natural Yoghurt and Fresh Fruit Natural Yoghurt Dessert **Fresh Fruit Selection** Fruit

## FLAIR DISCIPLINE Academic Rigour

sday	Friday
nber, Pepper	Carrot, Cucumber, Pepper
al Honey Glazed n with all the nings	100% Cod Fish Fingers
nd Greek Feta sted Tomato Ice	Breaded Vegetable Fingers
tatoes, Broccoli ned Sweetcorn, Gravy	Oven Chips, Baked Beans, Garden Peas
	British Rice Pudding served with Strawberry Sauce
and Fresh Fruit	Natural Yoghurt and Fresh Fruit